

Expression of Thoughts: Language isn't necessary

Nirmalya Ganguli

Institute of Engineering and Management, Kolkata, India

Abstract

Whenever we are asked about expressions or expressing something the very first way or the method that comes up is by means of verbal communication. This particular way of communicating requires a pre-requisite database that is modified from time to time. That database is nothing but the language database of which more or less all of us are quite acquainted with. However, other than the variations and different forms of verbal communication yet another way to express is to communicate sans language. This is not the actual form of the nonverbal communication which is also very much effective and beautiful but a kind of expression of your thoughts just through your approach and your sense of admiration. The concept which has been discussed about in this paper is eponymous with the name of this particular segment- 'abstract'. One of the most daunting challenges of this paper revolves about the perception of the reader on how she or he receives the portrayed idea.

Keywords: communication, language, expression, thoughts, verbal.

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[1] INTRODUCTION**1.1) What is basically sans-language?**

The term sans language refers to the absence of any language. Now when I state about language, by default it points out to textual or verbal language and not any other aspect of the language. At first, it may be difficult to realize that how can a person express him or her without using any language. Definitely sign languages like gestures are an immediate solution to this but I consider that to be a subset of verbal communication where you are directly portraying the objective which you desire to. For the successful application of this approach, the necessary and sufficient condition that needs to be met is the interaction between liked-minded people. Like-minded people can experience such a kind of conversation that is devoid of any sound, language, gestures or anything.

1.2) A real issue

Obviously, this particular idea cannot be realized by the majority of people of this world since, they fail to discover the common link among each other's' thought processes due to the moribund and claustrophobic life most of them undergo. As a result of which majority of us are superficial in terms of some real communication. We do not generally ponder into deeper aspects of a beautiful communication of the mental state. Also, according to popular surveys, the efficiency of a simple message that needs to be communicated depends largely upon the visual

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part of the delivery of the message. The verbal component that comprises of the 'language' contributes to a feeble 7% of the total efficiency. The rest depends upon the tone of the voice and the gesture and body language of the speaker. However, in this particular paper I am more concerned about the visual part since I have deliberately excluded the possibility of any sort of communication through sounds. That doesn't imply that thoughts cannot be well-expressed through our vocal chords. In fact, as per the conventions they are best expressed vocally. However, it is a completely different sensation altogether to be able to express your feelings, emotions, thoughts, state of mind and heart and whatever you feel like just through a medium which is not at all well-defined or might be even undefined as well. Only a handful of us can experience the beauty and joy of such kind of a conversation since those people can understand what the person in front of him or her really wants to say or even not to say. Through this kind of an expression that doesn't involve the application of the larynx; the darkest shade of a person which always remains submerged may be explored and that is extremely difficult in a situation where that person is speaking out. This is so because of the fact that people usually do not feel like sharing his or her deepest emotions or the most real feelings to someone merely due to the notion that it cannot be expressed in any form. There is also a common misbelief that no one can understand your deepest thoughts and emotions and this acts as the seed for making you feel that you are all alone and lonely in this vast world. We cannot deny the fact that people do not understand or more precisely most of them do not want to but this should be the general scenario whatsoever. For a change, if that was the case that everyone understood everyone then the world would have been excessively quiet and that may seem alien. However, for this to be experienced in the real world, as I have even mentioned earlier that, you need to come across the right group

of people or even a single person who can really make out what you intend to think about or feel in a given situation.

[2] EXPRESSING YOURSELF: A CHALLENGE INDEED

2.1) Real contribution of verbal approach

Since our childhood, we grew up learning that any form of expression has got two aspects – the verbal part and the written portion. We shall delve into the written part a bit later since we are going to discuss about the verbal component in this particular segment. I have already mentioned earlier in this paper itself that the verbal component of any sort of a message that needs to be expressed or communicated has got an extremely minor role to play on how that particular message is being received by the listener or the receiver. As per statistics, the verbal part contributes to about 7% of the efficiency in which that particular information or message is being sent. Simply stating the words that you want to say is not going to be sufficient enough to spread the actual message across in an effective manner. Just visualize that a speaker is simply stating the exact words that needs to be imparted to the intended audience in a constant and monotonous manner without any break or pause with no modulation or any change in the visuals. I am sure you must have felt how ridiculous and boring that would be. Therefore, the verbal part of a speech or any presentation plays the skeletal role but a skeleton is non-functional if the muscles and flesh are not there.

2.2) The written part's role in expression

To be very honest, this portion of the paper is a strong competitor of all the remaining segments and the prior ones as well. To pen down your thoughts is preferably a very good suggestion and a way-out to relieve yourself. However somewhere down the line it all ends up at a certain vital question. What about those feelings and emotions which cannot be expressed with any sort of permutations with the alphabets? What I basically want to convey is that, how can you express those sensations and thoughts for which you do not know the language. It doesn't imply that your vocabulary is weak. Perhaps, there is no word associated with the kind of mental state which you may be going through. In that case, even to pen down what you feel becomes an extremely difficult activity to do. The reason to designate this paper to be ironical is that, whatever I am trying to portray or convey to the reader about such kind of communication that is devoid of any requirements or medium is actually the written format of my thought process expressed in the form of a paper. As a result, this presentation gets to witness a dramatic blend of thought recognition and writing down your own thought process.

2.3) Gesture: The most dominating part

In continuation with 2.1, the verbal component contributes feebly to an effective transfer of the intended message. The sole reason is that the verbal communication is like the outer skeleton which is meaningless without any added features and other vital components. Over here, that vital component that is a must for any kind of communication is the visual outlook through which the information is being channeled out. Body language along with hand and feet

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gestures contribute greatly to serve the actual purpose. Again quoting some figures like the previous one, the visual cues account for 55% of the efficiency with which a communication is made. If it had been the case that expression of idea cannot be accomplished without words or sound, silent drama wouldn't have been so popular and famous worldwide. Not only drama, but any form of art is successful enough to express an idea in its own words that doesn't require the use of the conventional language. Focusing onto our topic for instance, body language is crucial while we are expressing ourselves in any given situation. The listener or the viewer receives a concrete portrayal of the message that is being imparted through visual expressions alone at times. All of us are acquainted with the fact that 'a picture says a thousand words' and moreover for a motion picture even if it is a silent one, has the potential to portray hundreds of thousands of words, ideas and concepts. There is absolutely no doubt that language is an essential requirement in terms of straight forward and most of the generic conversations but the addition of gestures to the throw or delivery of a language is like shining a diamond from a coal-mine. In this particular segment itself, though it is off-beat, the vocal aspect of the delivery of a language is also an essential factor which contributes to the remaining 38% of efficient transfer of the message.

A crucial but common example illustrating about the importance of gesturing and body-language is You Tube. As a student we tend to clarify our concepts as a quick reference instantaneously not through brushing up the pages of our textbooks but through a good video from a reputed channel. Now, why the video and not just the lines of the textbook is more beneficial for a student to grasp a concept quicker? The answer lies within the question itself. The visual demonstrations of the lecturer or the demonstrator are quite easily interpreted by the

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viewer. As a result, use of hand-gestures, voice modulation and other associated techniques become crucial over and above the language used to convey a particular message in the most efficient manner.

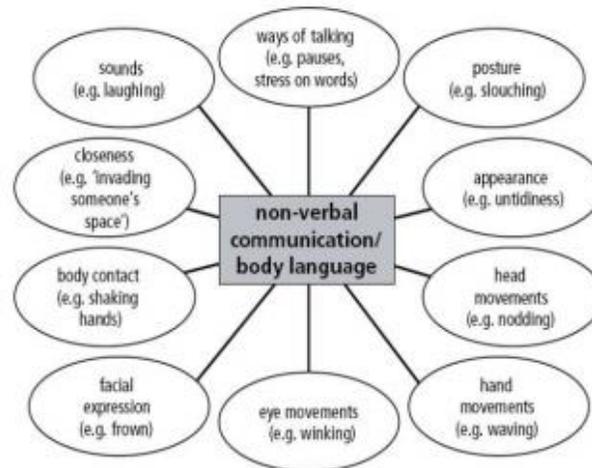


Fig1: Components of non-verbal communication

2.4) Eyes are the indices of the mind

The title of this segment gets my job half done. What I believe is that our eyes really speak a lot than any other organ of our body. One may think about how can eyes be associated to language or sound in the first place let alone communication. For a better understanding of this aspect of expression which is different from few of the segments mentioned above, we need to focus our attention upon a given scenario. Suppose we have an introvert fellow in our consideration. By the term introvert it must be clear that the person whom we are talking about is really a proper introvert who doesn't like to express him or her in most of the situations and tries to be silent and observe things with keen interest. For a random person it becomes really difficult to know about what that introvert person is actually feeling right now, since he or she always keeps it within him or her. Now for a sensible and a caring person who really wants to know

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about that introvert fellow he or she needs to look at that person carefully. By looking at that person refers to gazing and observing the eyes of that person with utmost attention and concentration. Eye movements reveal a lot of things which are usually left unsaid. At times you can even make out what the person is thinking about by carefully looking at the eye-positions at a given time interval. In fact, the human mind can be read somewhat to a nice extent by observing eye-positions and their respective movements. Mind-reading is also an important aspect of psychology in which eyes play a crucial role since it is the loudest to speak about the current psychological condition of the person under consideration. Apart from these, a couple of eyes can communicate among themselves effortlessly and surely it is divine. Expression of feelings and sensation of love, anger, hatred, fraternity, etc. is possible through our organs responsible for vision. We are also fortunate enough to behold nature's beauty through these organs which rejuvenate our thoughts and refresh our mind-set to observe things more carefully and ardently to appreciate and enjoy its inherent beauty. Speaking through eyes is one of the most beautiful and the purest form of expression that is possible.

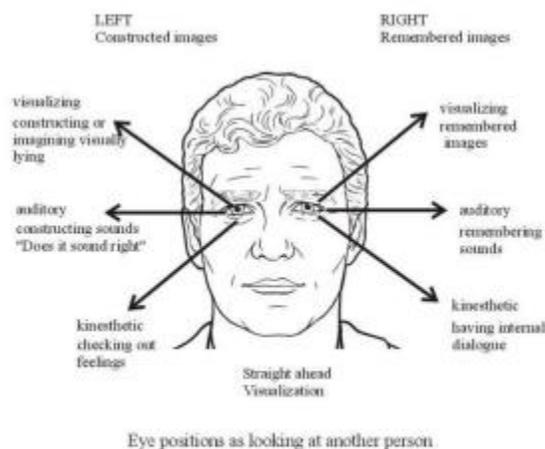


Fig 2: Eye positions and their relevance

2.5) Something beyond 2.4

In the previous portion it was all about the admiration of our organs responsible for vision. In this particular segment I will briefly mention about a peculiar aspect of expression. The concept which I want to discuss about isn't really something that can be accepted wholeheartedly by the mass yet I felt that it is indeed another method of expressing oneself may not be to a group or before a group but to someone in singular. For this kind of a communication to take place successfully perfect synchronization of mental constitution of two of the brains is a prerequisite which is difficult or even impossible to attain among most of the people. That is the reason why not all of us are aware of such a kind of a communication where even without looking at each other's eyes both of them can get the intuition as to what the other wants to convey at that particular moment. Such kind of an understanding is extremely rare and hence it is precious. This form of expression is such that words are insufficient to illustrate about its immaculate and pristine nature.

[3] AN ALL NEW APPROACH

3.1) The reader's take-away

Certainly there is something for the reader to gain from this kind of a paper which deals about a concept which is generally not related to our day to day mundane activities. The paper provides a kind of a hibernation to escape from reality for a few minutes and to think about the approach which has been discussed in this paper. The reader gets to know about expressing him

or her in front of the world in an all new different way in which he or she can give vent to his or her feelings.

3.2) Summing it up

So far as the paper is concerned, I have discussed about the various forms of communication where the necessity of the language is not at all a primary concern whereas it has taken a backseat. A proper delivery of a message revolves around the manner in which it is portrayed which involves the body-language, the visual cues of the speaker as well as the tone and modulation with which the speaker is addressing a given topic. Towards the end we have also seen how our eyes are one of the most efficient organs to convey our ideas and thoughts and more importantly the unsaid truths about ourselves. Moreover, this paper also briefly goes through another finer kind of an expression of thought where not even vision is a requirement but for one to one communication synchronization of mental state is an absolute necessity. It is therefore not something to be grasped easily by all of us, yet it can serve as a wonderful piece of a present to be nurtured upon. In a nutshell, the paper emphasizes over the sans-language approach by which we can somehow portray most of our inner and the deepest feelings which is not at all possible through the conventional verbal approach, not even by writing down our thoughts.

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